



# Black Bean Rainbow Salsa

Prep Time: 10 mins Serves: 6-8

## Ingredients:

- 1 15 oz can unsalted black beans
- 1 15 oz can unsalted corn
- 3 tomatoes
- 1 bell pepper - any color!
- 1 avocado
- 1/2 bunch of cilantro
- 1 lime, juiced
- 2 tsp olive oil
- 2 tsp cumin
- 1 tsp salt
- 1/2 tsp pepper
- 1/2 tsp chili powder

## Instructions:

1. Drain black beans and corn and place into large mixing bowl.
2. Carefully dice tomatoes and bell pepper into small pieces.
3. Finely chop cilantro.
4. Juice lime.
5. Measure into bowl: olive oil, cumin, salt, pepper, and chili powder.
6. Combine all ingredients in mixing bowl, mix gently.
7. Lastly cube avocado and mix in.



Try this salsa with whole grain chips or on top of a quesadilla or taco!