



Fiesta Dip

Prep Time: 10 min

Servings: 3

Ingredients:

- $\frac{3}{4}$ cup Greek yogurt
- $\frac{1}{2}$ tsp cumin
- 1 tsp garlic powder
- $\frac{1}{2}$ tsp ginger powder
- $\frac{1}{2}$ tsp nutritional yeast (optional)
- $\frac{1}{4}$ tsp salt
- $\frac{1}{4}$ tsp pepper
- juice of $\frac{1}{4}$ lime
- 1 Tbsp cilantro, minced
- 2 tsp olive oil

Instructions:

1. Cut fresh veggies and add them to your plate. Make a fun design!
2. Add yogurt to mixing bowl.
3. Add all of the spices and mix well.
4. Juice lime into bowl.
5. Cut cilantro into very small pieces with scissors.
6. Add cilantro and mix well.

