



Strawberry-Mint Water

Prep Time:5 min Cook Time:1 hour Serves:4

Ingredients:

- 8 cups of water
- 1 cup of fresh strawberries
- 1 cup of fresh mint

Try it with any flavors you have on hand. We recommend raspberries, lemon, or even cucumber!

Instructions:

1. Add 8 cups of cold water to a large pitcher.
2. Wash strawberries thoroughly.
3. Slice strawberries into halves.
4. Pull mint leaves off the stems.
5. Add both strawberries and mint leaves to water.
6. Allow it to sit for 1 hour for flavors to develop.
7. You can strain before serving, or serve with the fruit and mint in the glass!

