



Apple Seeds Program Intern Internship Position

Apple Seeds Teaching Farm is dedicated to inspiring healthy living through garden-based education. We create programs that educate and excite young students about healthy food and increase students' access to those healthy foods. Located on a two-acre plot inside Gulley Park, Apple Seeds includes vegetable, flower, and herb gardens, an orchard, an outdoor classroom space, and a teaching kitchen. Interns and their work assisting with programs is vital to our mission and our community.

Interns will assist with facilitating our nutrition education programs with students at our Teaching Farm and in schools. Additionally, interns will occasionally help with harvesting, washing, packing, and delivering Apple Seeds produce to community partners.

Responsibilities will include:

- Assisting programming staff with implementing children's cooking programs
- Harvesting, washing, packaging, and delivering farm produce
- Assisting with maintaining the kitchen, equipment, teaching farm, and outdoor wash station

Position Requirements:

- Strong oral and written communication skills
- Ability to multitask and be flexible
- Works well with many personality types, backgrounds, and ability levels
- Detail-oriented
- Capable of working independently at times
- Ability to work with children and utilize positive behavior management techniques
- Has a passion and desire to fulfill our mission

This internship will occur throughout the summer with a start date the last week in May. This internship is unpaid and part-time. Interns will be responsible for making their own transportation arrangements to Apple Seeds and/or the designated program location for the intern's shift. An ideal intern candidate will have availability in the mornings-early afternoons.

To apply, please send your resume to the Program Director, Ryan, at ryan@appleseedsnwa.org, or reach out with any questions.